

CAS Project

DP Program 2024/2025



What is CAS?

“Creativity, activity, service (CAS) is at the heart of the DP. With its **holistic approach**, CAS is **designed to strengthen and extend students’ personal and interpersonal learning** from the Primary Years Programme (PYP) and Middle Years Programme (MYP).”

What does CAS stand for?

CREATIVITY

Experiences that encompass original thinking, including artistic activities and other learning and teaching experiences.

ACTIVITY

Experiences that contribute to a healthy lifestyle through participation in individual/team sports, as well as any other activity which focuses on physical exertion.

SERVICE

Experiences that involve interactions with individuals or groups, which provide benefits to the community. These experiences should not only involve contributions to others, but also with others, while developing a deep commitment.

CAS aims to develop students who:

- enjoy and find significance in a range of CAS experiences
- purposefully reflect upon their experiences
- identify goals, develop strategies and determine further actions for personal growth
- explore new possibilities, embrace new challenges and adapt to new roles
- actively participate in planned, sustained and collaborative CAS projects
- understand they are members of local and global communities with responsibilities towards each other and the environment

Responsibilities of DP Student

The 5 Stages of CAS are:



INVESTIGATION

Students identify their interests, skills and talents to be used in considering opportunities for CAS experiences, as well as areas for personal growth and development.



PREPARATION

Students clarify roles and responsibilities, develop a plan of actions to be taken, identify specified resources and timelines, and acquire any skills as needed to engage in the CAS experience



ACTION

Students implement their idea or plan. This often requires decision-making and problem solving. Students may work individually, with partners, or in groups.



REFLECTION

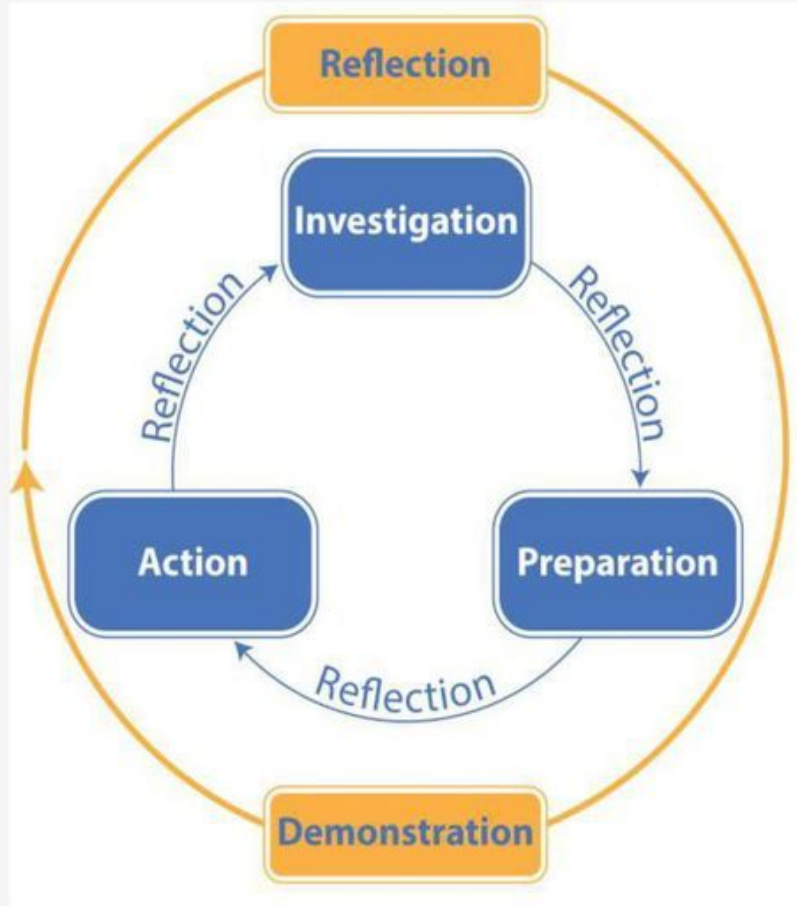
Students describe what happened, express feelings, generate ideas, and raise questions. Reflection can occur at any time during CAS to further understanding, to assist with revising plans, to learn from the experience, and to make explicit connections between their growth, accomplishments, and the learning outcomes for personal awareness. Reflection may lead to new action.



DEMONSTRATION

Students make explicit what and how they learned and what they have accomplished, for example, by sharing their CAS experience through their CAS portfolio or with others in an informal or formal manner. Through demonstration and communication, students solidify their understanding and evoke response from others.

1. Choose, create, and reflect on a project based on one (or more) of the CAS strands along with the creation of CAS portfolio
2. 18 month* commitment to the project (January 2024 - April 2025)
3. Demonstrate 7 Learning Outcomes



THE 5 STAGES

Investigation

Preparation

Action

Demonstration

**REFLECTION
(Ongoing)**

7 Learning Outcomes of CAS



CAS LEARNING OUTCOMES

1	Identify own strengths & develop areas for growth.
2	Demonstrate that challenges have been undertaken.
3	Demonstrate how to initiate & plan a CAS experience.
4	Show commitment to & perseverance in CAS experiences.
5	Demonstrate the skills & recognise the benefits of working collaboratively.
6	Demonstrate engagement with issues of global significance.
7	Recognise & consider ethics of choices and actions.

1. **Students MUST demonstrate completing all 7 learning outcomes within their CAS project**
2. **Should be demonstrated throughout their portfolio and reflection**

Sample Projects

Creativity: A student group plans, designs and creates a mural.

Activity: Students organize and participate in a sports team including training sessions and matches against other teams.

Service: Students set up and conduct tutoring for people in need.

Service and activity: Students plan and participate in the planting and maintenance of a garden with members of the local community.

Creativity, activity and service: Students rehearse and perform a dance production for a community retirement home.





CAS Advisors (7 in total)



Responsibilities:

- 8 students
- Will have monthly meetings with students to monitor CAS project + make sure they are completing portfolio
- Ensure students are understanding & implementing 7 learning outcomes
- Working with student's family + local community members if necessary
- Staying in contact with CAS Coordinator to ensure student is on track

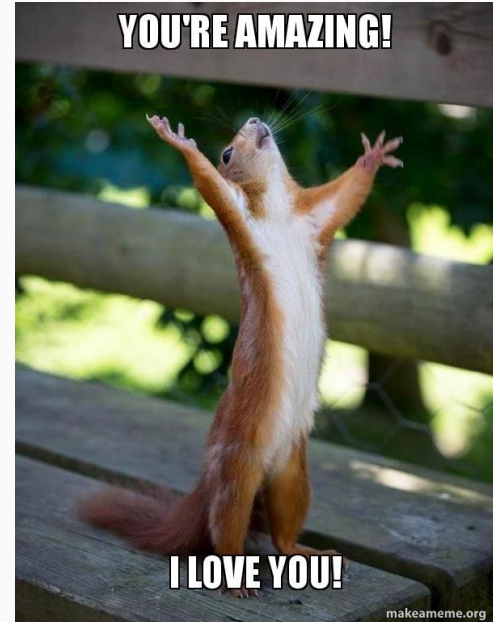
FAQ's about CAS

Experience vs. Project

Graded?

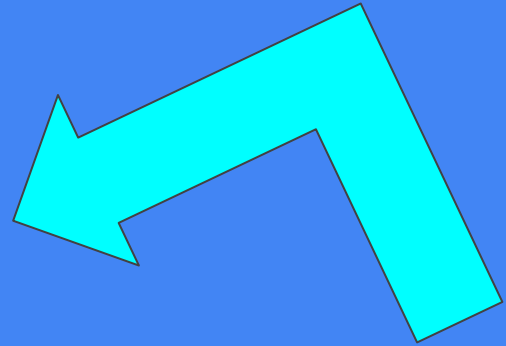
Parent and Local Community
Involvement

Due Date?



CAS Outline + Short Guide

[cas-2016-english-1st-final-web.pdf \(ibo.org\)](#)



Read this guide if you
have any further
questions or need
clarification!